



*Living life to the full*

# Henley-in-Arden

## C of E Primary School

Monday 1<sup>st</sup> March 2021

Dear Parents and Carers,

As a school, we have recently enrolled to deliver the 'Thrive Approach' within school. The approach promotes the wellbeing of all our children and helps to prevent mental health issues arising. It provides those who work with children and young people with the knowledge, skills and tools to optimise social and emotional development. Thrive is committed to supporting and encouraging the development of confident, curious, creative and capable children and young people who are open to learning and better equipped to deal with life's ups and downs. The connections children and young people have with the adults around them is key to the approach.

The Thrive Approach draws on the latest research into brain science, child development theory and attachment theory. It helps us to understand how the brain develops, and how parents, teachers and other professionals can best support this development.

Schools that have adopted the Thrive Approach have reported many benefits, including calmer children, less disruptions in class, improved attendance, reduced exclusions and higher achievements.

We are all very excited about this and look forward to using the approach within school.

Please see the attached leaflet with more information regarding this.

Kind regards

Mrs Jill Allen

*Head of School.*